# IN VITRO EVALUATION OF A NOVEL AEROSOL CHAMBER FOR DELIVERY OF **AEROSOLIZED MEDICATION TO THE MECHANICALLY VENTILATED PREMATURE INFANT**

Mark Nagel, Martin Foley, Jolyon Mitchell, Rubina Ali, Heather MacKay and Dominic Coppolo

#### INTRODUCTION

- Delivery of inhaled medication for bronchodilatation of the mechanically ventilated premature infant is difficult because of the small size of the airway access, as well as the very low tidal volumes (Vt) that are encountered
- There is a need for a versatile, efficient Aerosol Chamber (AC) given the variety of treatment modalities

#### **STUDY PURPOSE**

• We report a study in which the delivery of a representative pressurized Metered Dose Inhaler (pMDI) delivered beta<sub>2</sub> adrenergic agonist was assessed using a newly designed small volume (110 ml) AC, optimized for HFA-based products and compatible with GSK canisters incorporating a dose counter compared to an existing device without these features



AeroChamber mini\* AC Trudell Medical International London, Canada



**ACE<sup>†</sup>** Holding Chamber DHD Healthcare Wampsville, NY, USA



MD-915A-0609. \* trade marks and registered trade marks of Trudell Medical International. † trade marks and registered trade marks of their respective companies. Copyright © Trudell Medical International 2009. All rights reserved.

### **MATERIALS AND METHODS**

- VHCs (n = 5 devices/group)
- Ventolin<sup>†</sup> HFA (GSK plc)
- 100 µg salbutamol (albuterol) base equivalent per actuation ex metering valve
- Widely prescribed beta<sub>2</sub> adrenergic agonist
- Anti-Static AeroChamber mini\* AC and ACE<sup>†</sup> Holding Chamber
- Each Chamber was attached via a 2.5 mm inner diameter neonatal endotracheal tube (ETT) to a lung model
- ASL5000 (IngMar Medical, Pittsburgh, PA, USA)
- Lung operated in passive mode and driven by a Servo Ventilator 900C (Siemens-Elma, Sweden) simulating a mechanically ventilated, tidal breathing pre-term infant



- Breathing parameters:
- $V_t = 5 \text{ ml}$
- 20% duty cycle
- 60 breaths/min
- Aerosol reaching the distal end of the ETT was captured on a filter
- Salbutamol was subsequently recovered quantitatively and assayed by HPLC-UV spectrophotometry

### **PERFORMANCE METRIC**

• Total Emitted Mass (TEM) salbutamol per actuation recovered after 6 consecutive breathing cycles

#### RESULTS

- TEM salbutamol with the **AeroChamber mini\*** AC-ETT was  $8.8 \pm 3.1 \,\mu\text{g/actuation}$
- The ACE<sup>+</sup> AC-ETT combination provided 4.5  $\pm$  2.2 µg/actuation
- Delivery of medication via the novel AC was significantly greater • Unpaired t-test, p < 0.001

## CONCLUSIONS

 The novel AeroChamber mini\* AC offers the potential for improving treatment of premature infants with pMDI-based medications

Trudell Medical International, London, Ontario, Canada

ERS Annual Congress September 12 – 16, 2009 Vienna, Austria